

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Moers Liesbet

Coaches: Moers Greet

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 7: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 14:08
Heat: 1/2 Lane : 3 Athlete: BERVOETS FELIX					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 14:13
Heat: 1/4 Lane : 1 Athlete: DECLERCK BRIEK					Q-time: 01:58:05
PB (25m pool): 01:58.05 Groenenhoek Berchem 17/11/2024 PB (50m pool): 02:00.19 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.90		01:58.05	
	00:54.90 01:03.15				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:15
Heat: 2/4 Lane : 4 Athlete: DECLERCK WANNE					Q-time: 01:42:31
PB (25m pool): 01:45.16 Groenenhoek Berchem 17/11/2024 PB (50m pool): 01:37.78 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.97		01:45.16	
	00:48.97 00:56.19				
					

Coach feedback:

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: ZALM

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 14:18
Heat: 3/4 Lane : 1 Athlete: MARINUS BAS					Q-time: 01:23:59
PB (25m pool): 01:30.98 Groenenhoek Berchem 01/10/2023 PB (50m pool): 01:22.67 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.98	
	no time				
					

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+					Heat:2, starttime: 14:34
Heat: 2/2 Lane : 3 Athlete: VERBERCKMOES JASPER					Q-time: 02:45:66
PB (25m pool): 02:45.66 Kalmthout 23/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5 1 5 0 1 7 5 2 0 0 M
PB		00:38.47		01:21.00	no time 02:45.66
	00:38.47		00:42.53		
					

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN 11+					Heat:2, starttime: 15:01
Heat: 2/2 Lane : 1 Athlete: VAN ASSCHE FIEN					Q-time: 05:09:56
PB (25m pool): 05:09.56 Arendonk 25/05/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M 1 5 0 M 1 7 5 M 2 0 0 M
PB		no time		01:13.66	no time 02:33.66
	no time				
					
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5 3 5 0 3 7 5 4 0 0 M
PB		no time		no time	no time 05:09.56
					

Coach feedback:

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: ZALM

Event number: 15: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:14	
Heat: 2/2 Lane : 1 Athlete: HOLSTERS MAURA							Q-time: 03:20:07	
PB (25m pool): 03:20.07 Groenenhoek Berchem 17/11/2024 PB (50m pool): 03:15.54 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.52		01:37.49		no time		03:20.07
	00:45.52		00:51.97					
								

Coach feedback:

Event number: 21: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:52	
Heat: 1/3 Lane : 3 Athlete: BERVOETS FELIX							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+							Heat:2, starttime: 16:00	
Heat: 2/3 Lane : 3 Athlete: REYNIERS MATTEO							Q-time: 01:09:20	
PB (25m pool): 01:21.57 Tremelo 26/05/2024							PB (50m pool): 01:09.20 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:21.57				
	no time							
								

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:20	
Heat: 2/3 Lane : 1 Athlete: REYNIERS MATTEO							Q-time: 02:47:35	
PB (25m pool): no time			PB (50m pool): 02:47.35 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: ZALM

Event number: 27: 200M FREESTYLE MEN 11+							Heat:3, starttime: 16:24	
Heat: 3/3 Lane : 3 Athlete: MARINUS BAS							Q-time: 02:13:67	
PB (25m pool): 02:13.67 Kalmthout 23/02/2025				PB (50m pool): 02:16.33 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.15		01:05.37		no time		02:13.67
	00:31.15		00:34.22					
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:30	
Heat: 1/4 Lane : 2 Athlete: DECLERCK WANNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:33	
Heat: 2/4 Lane : 1 Athlete: DECLERCK BRIEK							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:37	
Heat: 3/4 Lane : 1 Athlete: VERBERCKMOES JASPER							Q-time: 02:58:81	
PB (25m pool): 02:58.81 Tremelo 26/05/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:58.81
	no time							
								

Coach feedback:

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: ZALM

Event number: 30: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 16:48	
Heat: 2/2 Lane : 4 Athlete: VAN ASSCHE FIEN							Q-time: 02:51:60	
PB (25m pool): 02:51.60 Arendonk 25/05/2025							PB (50m pool): 03:08.10 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.69		no time		no time		02:51.60
	00:34.69							
								

Coach feedback: